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Human Library Books & Descriptions – Spring 2018

This program has been funded by a grant from Digital Credit Union for Programs that make a difference in our community.

Thank you to all of our “Human Book” volunteers who are generously offering their time to share about their experiences. We are thrilled that you are joining us during the Library’s 125th Anniversary Celebration.

Title: Life of a Psychic/Medium

Author: April

We are all governed by Natural Laws. Natural Law shows us that within all of us are gifts we have forgotten how to use. Science would tell us that we have a Subconscious mind - a Conscious mind and a Superconscious mind - We know our conscious mind is our levels of awareness in our day to day life. Our subconscious mind is reactionary controlling our emotions - Our superconscious mind tells us things about our world that doesn't always make sense to us and yet when we don't listen we always regret it. YOU ARE A SOUL - THIS WORLD IS NOT YOUR NATURAL STATE OF MIND!

Title: Clowning Brings Light & Laughter

Author: Barbara

I began my love of clowning close to 25 years ago. I had children of my own, provided in-house private day care for 7 years and taught nursery school for 5 years. I adore working with children. With my family grown I went to work full-time in a corporate world. I found I missed working with children and decided to try clowning around. I joined Clown Alleys (clubs) to learn more about the art of clowning and Clown Conventions became a regular pastime. Along the years I have developed many characters and can never seem to get enough of clowning around!

Title: Transitioning In Our Community

Author: Gerri

Transitioning from Male to Female is the easy part. Transitioning your job, family relationships and social situations is much more difficult. Plus, each of us has our own unique way of approaching our transition.

Title: Just a Girl and her Gun

Author: Hailey

I am 15 years old. As a child I wanted to be a hockey goalie. My parents taught me to skate at 18 months old and I loved it. That was until at the age of 5, Boston Children's Hospital told my parents that I would not be able to play contact sports. I was born with digestive tract issues. My medical diagnosis doesn't really have a name and I don't really fit in a box, I have some form of Spinal bifida, as I had to have my tailbone and belly button cauterized, I have Eneruresis and Encoprisis (my digestive tract does not have the peristaltic movement). The medication I was put on caused me to have serves disease (causes micro slices in my Achilles tendon upon walking and running.) I felt as if I would never be able to partake in a team sport, I stopped communicating with people outside of my family and was very frustrated..... Well low and behold my freshmen year in High School I came home and told my parents the school was starting a Trap Team and I wanted to be on it..... My parents were a little shocked but agreed to take me to the meeting and then to the open house.... This is where I found my passion.

With the help and support of my parents: I am now sponsored by Manchester Firing Line LLC. Manchester Firing Line LLC owners TerryAnn and Jake Bowen allow me to get out there and tell my story so that I can encourage other children like myself to find their passion and to pay it forward.

Title: Recovering Pornography Addict/Activist

Author: Joshua

We're facing a health crisis in this country that people will still not talk about: Pornography Addiction. Recent studies show 47% of all households have identified pornography as an issue at one time or another, and 33% of 18-to-30 year old men have report having an unhealthy relationship with pornography. What is this country going to look like in the next few decades if we don't start addressing this scourge?

At the Author's request, this Book is rated Mature Content for readers ages 18+

Title: I Unabashedly Support and Defend President Donald J. Trump

Author: Josiah

Donald was loved and adored before he was mocked and hated. He had it all and risked it all to save this country. His feats are great and the nasty lies about him from the pearl-clutching, war loving, fake news is even greater. If the Washinton Compost and others you consider "news" LOL can get you asking the wrong questions, they don't have to worry about answers. Leave you safe space at your mom's house and come get slapped by truth! Don't be weak. Be a winner. DO IT!

Title: Highly Spiritualized, but Not at all Religious

Author: Karlyn

There are different ways to connect with God that have nothing to with a formal religious tradition that are not common in this community. That's what I've done through meditation and sacred medicine (ayahuasca). There are many people that would consider my views crazy...but their views don't make much sense to me either.

Title: Atheist

Author: Marc

I'm an atheist and a number of folks have never met one who is open about it.

Title: Civil Rights Activist & Author

Author: Maria

I've always been involved in civil rights, but when I adopted my children in 1990 from Haiti, it intensified. When you are a white couple and you adopt children of color you become a family of color, regardless of the color of the parents. I've been blessed to be part of a supportive black church where our kids feel comfortable. Over the years, I've tried to advocate for them and for people of color, period. These are small actions, speaking up when I see or hear something derogatory. My love for my children has inspired me to write two books, *Grandma's Ashanti Cloth* (2003), and *The Trip Back to Freedom* (2007) to share about the Black experience in America.

We need to care about each other and help each other, otherwise, what are we here for?

Title: A Conversation About Disability: The Least Dangerous Assumptions

Co-Authors: Maureen & Lou-Lou

People who experience disabilities are human beings first, they are not their disability There may be differences in the way someone behaves, speaks or moves, however this does not make that person any less of a human being. At some point in life, all of us will experience some sort of disability whether it is temporary like a broken leg, or permanent such as having Alzheimers. Come and listen to the heartaches and victories of a family who experiences disability in your community.

Due to other commitments, this book is only available for an early check out at 1:25 pm and again at 1:45 pm

Maureen is holds an M.Ed, and is a professor, advocate, and State Council Member

Her daughter Lou-Lou is a college student, self-advocate, and service dog owner

Title: Happily Childless

Author: Megan

I am a well adjusted, educated, financially secure female from a very large southern family. I have been married/divorced - currently in a very loving, long term relationship. I am the fifth of six children and have fifteen nieces and nephews. I am very well liked and am considered a

leader in my community. I have the ability to disagree without being disagreeable. A consistent pattern has emerged over the years when I am/was introduced to other couples or elders. I would always be asked if we had children, and if not - when were we planning on starting. When I would reply (in various ways) that I did not want children, the reactions varied from confusion to outright hostility.

Title: Transgender: Being Male on the Inside

Author: Mike

I was in my mid-forties when I finally admitted it to myself - my birth certificate is wrong; I was never a girl. I quickly discovered that the process of gender transition is both intensely private and, at the same time, intensely public! It's a personal journey, a legal journey, a family and community journey. And as a Transgender person, I am more than just sound bites about acceptance and arguments about bathrooms; I'm a musician, a teacher, a human being with unique challenges to face and an extraordinary story to tell. So let's break the taboos, step out of the comfort zone, and talk about what it really is to be Trans!

Title: 15 Minutes with Kurt's Husband

Author: Steven

Steven is a man living his dreams!

He and his husband are celebrating 35 years together and their (legal) wedding made the front pages of newspapers across the country because it was a fundraiser for the "True Love" fund that was created for them by Cyndi Lauper's True Colors foundation, receiving congratulations from Hillary Clinton and Helen Reddy.

Having dealt with many issues throughout the years, including his looks, lack of confidence and doubting his talent, he never worried about what people thought of him being Queer.

His talents have been called upon for the NOH8 campaign and as a judge for Windham High School's art scholarship as well as the NH Film Festival's scriptwriting competition.

At the age of 54, he fulfilled a life-long dream of becoming a film actor and has been busy ever since, not only as an actor but as a model, producer and artist. He is currently starring in the Sci-Fi thriller "Brute Sanity" from Spring Hill Pictures.

As an award winning and nominated actor, he is in films with people such as Lloyd Kaughman, Kevin Richardson, Tony Moran and Arthur Wahlberg.

His mantra? It's never too late to live your dreams, always try new things! Oh, and Steven's day job? Working in a warehouse for the LIFE IS GOOD company. But of course!

